



“The Hope Center provided me with a place to rebuild, and that experience shaped my commitment to helping others find their own path forward.”
– David Eggers

David Eggers’ path to transformation began at the Hope Center’s long-term recovery program, where he found stability and purpose through the 12 Steps, service work, and volunteering by teaching groups. Living in the Ball Center was a game-changer, giving him the foundation to fully commit to recovery. He dedicated himself to helping newcomers in detox, showing them that there was a way out, just as he had found. Through these experiences, David saw the growing need for quality recovery housing and outpatient services, inspiring him to create Simple Solutions Behavioral Health and, more recently, The Simple Solutions Foundation, a nonprofit dedicated to expanding support for those in recovery.

Today, David is thriving – he owns his own home and has restored relationships with his family. His journey is a testament to the power of structured recovery, community, and service to others. “The Hope Center provided me with a place to rebuild, and that experience shaped my commitment to helping others find their own path forward,” he shares. His story is not just one of personal success but of paying it forward, ensuring that more people have access to the resources they need to reclaim their lives.

DAVID EGGERS’s Testimonial



“The Hope Center didn’t just help me get clean – they gave me the tools to change my life. Now, I get to do the same for others.”
– Josh Vanover

Josh Vanover’s story is one of resilience, transformation, and the power of second chances. After struggling with addiction, Josh made the courageous decision to enter the Hope Center’s long-term recovery program, where he found the structure, support, and community he needed to rebuild his life. Through months of hard work and personal growth, he not only achieved sobriety but also discovered a passion for helping others on their own recovery journeys. The Hope Center became more than just a place of healing – it became the foundation for his new purpose.

Today, Josh is paying it forward as a staff member at the Recovery Café, where he mentors and supports others who are walking the same path he once did. His lived experience allows him to connect with those in need, offering hope and guidance through every stage of recovery. “The Hope Center didn’t just help me get clean – they gave me the tools to change my life,” Josh shares. “Now, I get to do the same for others.” His story is a testament to the life-changing impact of the Hope Center, proving that recovery is not just possible – it’s a doorway to a brighter future.

JOSH VANOVER’s Journey

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Words
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We Help.
We Heal.
We Give Hope.

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SPRING 2025

**BRINGING HEALTHCARE TO THE FRONT LINES:
A VITAL COLLABORATION WITH
UK COLLEGE OF NURSING**



Dr. Rosalie Mainous



UK College of
Nursing

HOPE
Health Outreach to Promote and Empower

The Hope Center is proud to partner with Dr. Rosalie Mainous, Dean of the University of Kentucky College of Nursing, in an initiative that is transforming healthcare access for our unhoused neighbors and those in recovery. Through this collaboration, UK nursing students are completing clinical practicums alongside our medical team, providing essential frontline care to individuals who might otherwise go without.

This partnership is not only meeting a

critical healthcare need but also training the next generation of nurses in real-world, community-based care. Students gain invaluable hands-on experience treating acute and chronic conditions, administering preventative care, and offering compassionate support to those facing homelessness and addiction.

By bringing skilled nursing care directly to our clients, this initiative improves health outcomes, reduces emergency

room visits, and strengthens recovery efforts. Thanks to UK College of Nursing’s commitment, we are ensuring that healthcare is accessible, compassionate, and a crucial step toward stability and healing for those who need it most.

We are incredibly grateful for this partnership and the impact it is having on both our clients and the future of nursing. Together, we are building a healthier, more hopeful community.



THANKS
Quantrell Subaru!

Quantrell Subaru and Subaru of America proudly presented a **\$75,000 donation to the Hope Center** as part of the **Subaru Share the Love Event**, supporting efforts to uplift those in need in our community. This generous gift reflects an ongoing partnership rooted in a shared commitment to making a lasting impact for clients and the Center’s mission of help, healing, and hope! Thank you to Brentley Jones and Reverend Bonnie Quantrell Jones.

HOPE
CENTER

OUR MISSION: To provide comprehensive life-sustaining and life-rebuilding services that promote healing from substance use disorder, mental health disorders, and homelessness.

DONATE AT
 hopectr.org



MAILING ADDRESS
P.O. Box 6
Lexington, KY 40588

FACILITIES

Emergency Shelter
Don Ball Campus Center
Ball-Quantrell Jones Center for Women
Hill Rise Apartments
Jacobs Hope Cafeteria
Don and Cathy Jacobs House
George Privett Recovery Center
Barbara Hardwick Rouse House
Coming Soon! Quantrell Jones Center

PHONE

(859) 252-7881 – Emergency Shelter
(859) 721-0144 – Donations & Events

WEBSITE

www.hopectr.org

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VOLUNTEER SPOTLIGHT: CYNTHIA BARNES

MAKING A DIFFERENCE!

THANKS
Cynthia!



The Hope Center is honored to recognize Cynthia Barnes, a dedicated volunteer from CLARK Materials, whose unwavering commitment has transformed the lives of countless individuals in our community. With a passion for service and a heart for helping others, Cynthia has played a pivotal role in organizing food distribution events, mentoring program participants, and leading fundraising initiatives. Her leadership and enthusiasm have inspired both fellow volunteers and those benefiting from the center's services, reinforcing the power of compassion and community engagement.

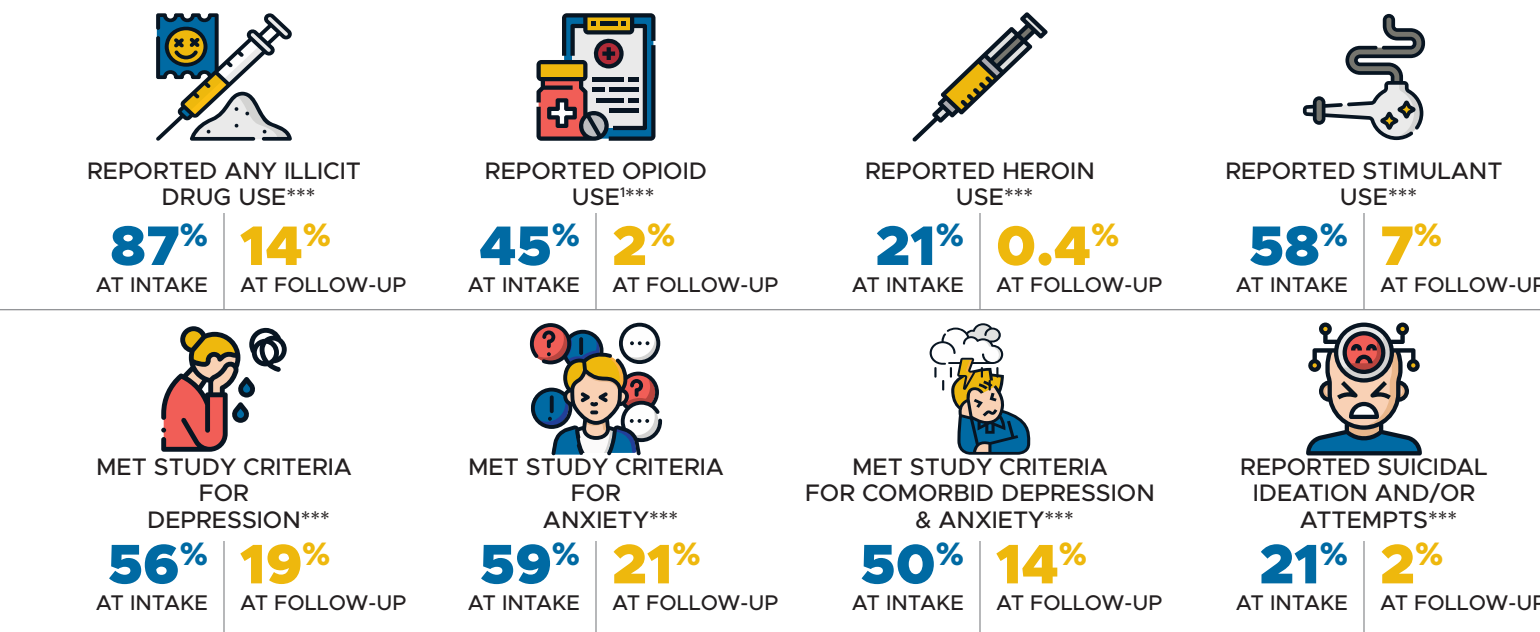
Beyond her hands-on work, Cynthia has been instrumental in strengthening the partnership between CLARK Materials and the Hope Center, securing essential resources and corporate support that have expanded the reach of our programs. Her efforts have not only provided immediate relief to those in need but have also fostered long-term stability for families striving for a better future. We are incredibly grateful for Cynthia's dedication and the impact she continues to make. Thank you, Cynthia, for being a beacon of hope and generosity!

--- WE ---
HELP HEAL HOPE
--- WE GIVE ---

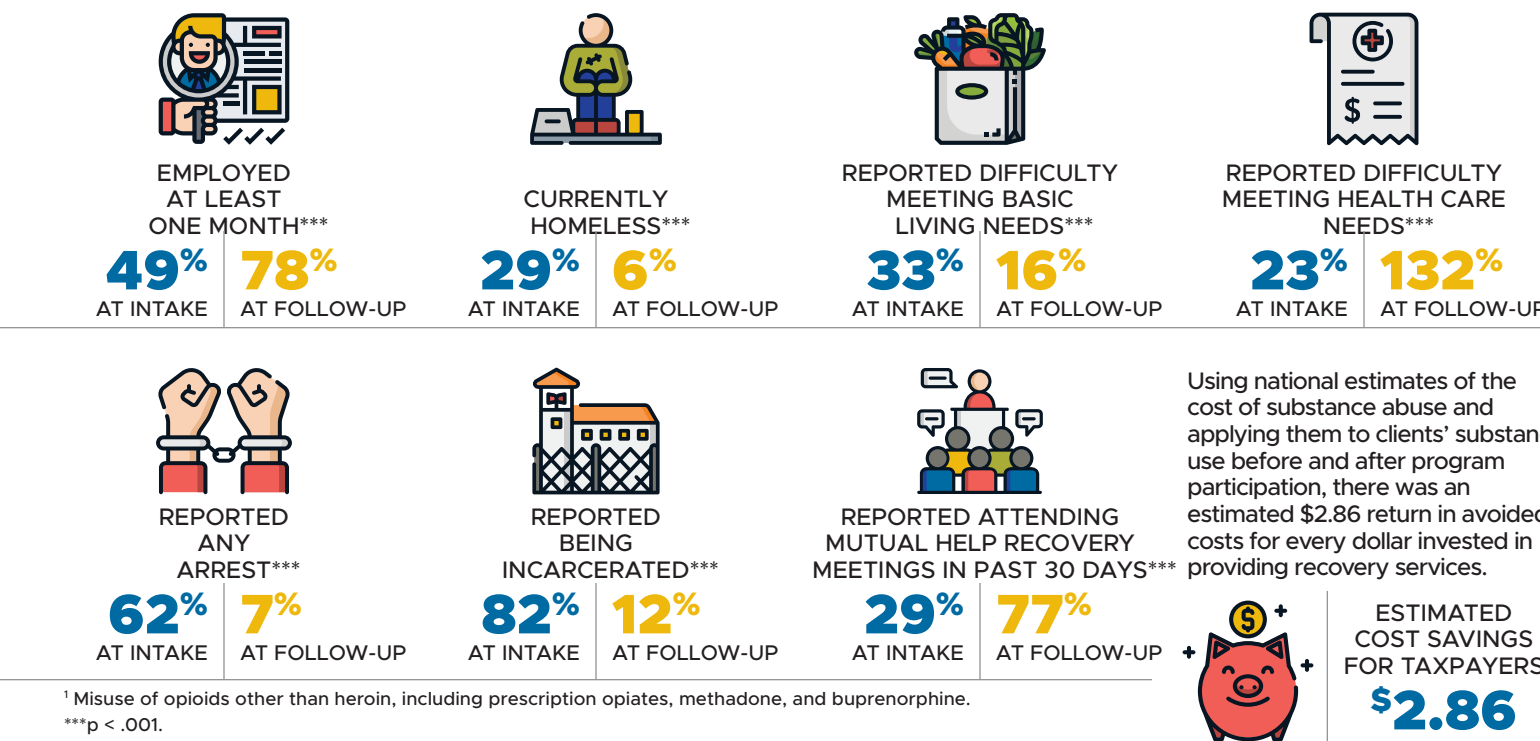
POSITIVE OUTCOMES FOR RECOVERY KENTUCKY CLIENTS RECOVERY CENTER OUTCOME STUDY FACT SHEET - 2025

Recovery Kentucky is a Social Model, Recovery Housing program created to help Kentuckians recover from substance use disorder which often leads to chronic homelessness. Kentuckians participating in this Recovery Housing model benefit in multiple ways: reducing their substance use, increasing their employment, decreasing involvement in the criminal legal system, reducing mental health problems, preventing future physical health problems and increasing their involvement in a recovery support system that leads to long term sobriety and free from the use of drugs of abuse. A total of 282 clients from 17 established Recovery Kentucky programs completed a Phase 1 intake interview between July 2022 and June 2023 and a follow-up interview between July 2023 and June 2024.

SIGNIFICANT REDUCTIONS IN PAST-6-MONTH SUBSTANCE USE AND MENTAL HEALTH PROBLEMS



SIGNIFICANT IMPROVEMENTS IN PAST-6-MONTH ECONOMIC INDICATORS, CRIMINAL LEGAL INVOLVEMENT, & RECOVERY SUPPORTS



¹ Misuse of opioids other than heroin, including prescription opiates, methadone, and buprenorphine.
***p < .001.



For more information about Recovery Kentucky contact Mike Townsend at the Kentucky Housing Corporation (502-564-7630)
Suggested citation: Cole, J., Logan, T., & Scrivner, A. (2025). Recovery Center Outcome Study 2025 Fact Sheet.
Lexington, KY: University of Kentucky, Center on Drug and Alcohol Research.

NEARING THE FINISH LINE: QUANTRELL JONES CENTER ALMOST COMPLETE



Spring brings new beginnings, and at the Hope Center, it also brings the exciting news that construction on the Quantrell Jones Center (QJC) is almost complete! This new 74-bed facility will provide a much-needed resource for our community, with the first floor dedicated to veterans' housing and the second floor offering supportive housing for those working to rebuild their lives.

Thanks to the incredible support from our community, the VA, and LFUCG, we are just steps away from realizing the vision for the Quantrell Jones Center.



Inside, we will celebrate those who have successfully transitioned back into the community, offering inspiration to others on their journey. For those looking to leave a meaningful legacy, room naming opportunities provide a lasting way to support hope and healing for years to come.

Stay tuned for more updates as we prepare to welcome residents into this transformative space.

If you'd like to help us cross the finish line visit <https://hopectr.org/donate/> to make a gift today!



"It's a dream come true to have a nice, clean, fresh building to call home."
– Veteran James Douglas

HOPE ON WHEELS: THE NEW HOPEMOBILE IS HERE



"Our outreach team now has a newly equipped Hopemobile – with a wheelchair lift and extra seating – so more clients can comfortably access services. They already know the name and where the Hopemobile goes, so with this revamped system, we hope to reach even more people. My biggest concern is the unsheltered population who avoid traditional shelters for any number of reasons. The Hopemobile is designed to meet them where they are and support their unique needs."

– Dustin Louthen, Street Outreach Specialist

Many individuals face barriers to traditional services, and without outreach, they often go without care. The Hopemobile ensures that no one is left behind, offering compassionate intervention, emergency support, and a pathway to recovery. This spring, we're hitting the streets with renewed impact – introducing the new Hopemobile! This sprinter-style van is a game-changer for our street outreach efforts

in Fayette County, operating five days a week from 8 AM to 10 PM.

Equipped with wheelchair accessibility, dedicated triage and transport areas, and storage for meal distribution, the Hopemobile allows our outreach team to meet people exactly where they are – whether on the streets, in camps, or at shelters – bringing essential medical care, food, and connection to recovery services.

For those experiencing homelessness, access to support can mean the difference between stability and crisis. With this incredible new resource, provided by The Cravens Family and James Motor Company, we can expand our reach, break down barriers, and bring hope directly to those who need it most. Thank you to all who made this possible – because of you, hope is now on the move!

